Charlie's Chocolate Planet Milkshake

Storybook Kitchen | Little Explorers (5-8) + Cosmic Adventurers (8-12) | Adult supervision required

Makes: 2 milkshakes | Time: About 5 minutes

Ingredients: 3 cups chocolate ice cream; 3/4 cup milk; 2 tbsp chocolate syrup; optional whipped cream and chocolate sprinkles.

1. Ask a grown-up to help with the blender.

2. Add ice cream, milk, and chocolate syrup to the blender.

3. Blend until smooth, then pour into two glasses.

4. Add toppings if you like. Sip your chocolate planet creation!

Kitchen safety: Never put hands or utensils into a running blender. Check food allergies and use suitable substitutes when needed.

LITTLE EXPLORERS | Invent a shake

Give your milkshake a silly space name. Draw your creation.

_____

My Martian milkshake

COSMIC ADVENTURERS | Recipe scientist

The recipe makes 2 servings. What would you need for 4 servings?

Ice cream: _____ Milk: _____ Syrup: _____

What happens if you add a little more milk? Make a prediction before testing with a grown-up.

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